

# Get Fit, Have Fun, Gain Confidence & Life Skills

while maintaining the discipline & etiquette required for a Martial Art

## Two FREE Classes.....Book Now!

### Taekwon-Do classes for 4-6 year olds at Elmlea Junior School

**MONDAY 19<sup>th</sup> and 26<sup>th</sup> February:** Little Lion Class - 4.30pm to 5pm

**OR**

**THURSDAY 22<sup>nd</sup> and 29<sup>th</sup> February:** Little Lion Class - 4.30pm to 5pm



**Little Lions**

Westbury-on-Trym  
**TAEKWON-DO**



For more information or to book the free classes, contact **Miss Fran White**

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