

PSHEE

“PSHE (personal, social, health and economic) education is a school curriculum subject through which pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future. PSHE education helps pupils to stay healthy, safe and prepared for life – and work – in modern Britain. When taught well, PSHE also helps pupils to achieve their academic potential.”

PSHE Association 2021

At Elmlea we want our children to become confident, competent, independent, and supportive through the British values of democracy, the rule of law, individual liberty, mutual respect and tolerance for those of different faiths and beliefs. To ensure young people understand the importance of respect and leave school ready to play their full part in a British society. The curriculum for PSHEE in both the Infant and Junior Schools is influenced by but in no means limited to the Jigsaw Scheme of Work: <https://www.jigsawpshe.com>.

Through this we support children’s emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. Jigsaw brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Teaching strategies are varied and are mindful of preferred learning styles and the need for differentiation. This scheme of work brings consistency and progression to our children’s learning in this vital curriculum area. It also supports the “Personal Development” and “Behaviour and Attitude” aspects required under the Ofsted Inspection Framework, as well as significantly contributing to the school’s Safeguarding and Equality Duties, the Government’s British Values agenda and the SMSC (Spiritual, Moral, Social, Cultural) development opportunities provided for our children. We allocate time to PSHE each week in order to teach the PSHE knowledge and skills in a developmental and age appropriate way. These explicit lessons are reinforced and enhanced with assemblies, praise and reward system, Learning Charter, through relationships child to child, adult to child, adult to adult and across the school.

In Reception, KS1 and KS2 the taught PSHEE scheme of work aims to equip children with essential skills for life. It aims to develop the whole child through carefully planned and resourced lessons that develop the knowledge, skills and attributes children need to protect and enhance their wellbeing. Through these lessons, children will learn how to stay safe and healthy, build and maintain successful relationships and become active citizens, responsibly participating in society around them. Successful PSHEE curriculum coverage is a vital tool in preparing children for life in society now and in the future. Lessons in this scheme of work have their foundations in seeing each and everybody’s value in society, from appreciation of others in units such as Celebrating Difference to promoting strong and positive views of self in Changing Me. At Elmlea the curriculum aims to incorporate the core ‘British Values’ into every lesson as well as reflecting on our own curriculum values of: teamwork, striving for our best, risk taking, independence, and valuing diversity. We aim to cover a wide range of the social and emotional aspects of learning, enabling children to develop

their identity and self-esteem as active, confident citizens. The themes and topics support social, moral, spiritual and cultural development and provide children with protective teaching on essential safeguarding issues, developing the knowledge of when and how children can ask for help. PSHE and Citizenship resources are fully in line with the Learning Outcomes and Core Themes provided by the PSHEE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHEE provision in schools. This scheme of work covers all of the required objectives and follows the three core areas of Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work fulfils the requirements of 2020 Statutory Relationships and Health Education, setting these learning intentions in the context of a broad and balanced PSHEE curriculum.

Hyperlink to curriculum map and curriculum map

Implementation of the Jigsaw scheme of work is designed to be taught in thematic units consisting of six lessons, with supporting materials including a Planning Overview, reflection statements, Jigsaw Journals and display materials. It is suggested that these units are taught in a spiral curriculum that revisits each theme each year. This enables children to recall and build upon previous learning, exploring the underlying principles of PSHE education regularly at a depth that is appropriate for the age and stage of the child. Lessons highlight key vocabulary to develop understanding. Jigsaw's PSHE units are designed for delivery in a creative manner, using many approaches such as role play, discussion and games in groupings of various sizes. These activities enable children to build confidence and resilience. Assessment for learning opportunities are built into each lesson and enhanced by the Jigsaw Journals. All units have an overview sheet where children record their learning from each lesson which enables self-evaluation and reflective learning and allows teachers to evaluate and assess progress. Each lesson begins with a discussion of children's existing knowledge and experience, providing an opportunity for baseline assessment. Each lesson ends with an opportunity to consolidate and reflect upon learning. Whilst following the scheme the lessons are adapted to suit the needs of the children within each class. In this way all of the learning is supported and adapted so it is accessible for all. Parents do have the right to withdraw pupils from sex education aspects of this subject: if they wish to do this, they must make an appointment with the head teacher and curriculum leader to discuss alternative provision.

Linked to our PSHE learning we take part in many key focus weeks throughout the year such as anti-bullying week and children's mental health week. During these enrichment opportunities a variety of activities are offered to the children to support their PSHE learning and broaden their understanding of these key aspects. Where possible we also welcome visitors into the school to discuss healthy living with the children such as nurses, dentists and doctors.



